

# Overlake Obstetricians and Gynecologists, PC

## Patient History Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Birth Date: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Reason(s) for Visit: \_\_\_\_\_

### **CURRENT Health/Medical Problems:**

*Please describe any current medical problems and the care provider that you are seeing to treat this problem:*

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### **Past Medical History:**

*Have you ever had any of the following conditions? If so, please circle AND write details at the bottom of the list:*

|                         |  |
|-------------------------|--|
| Bladder Problems        | High Blood Pressure                          |
| Bleeding Disorders      | Migraine Headaches                           |
| Blood Transfusions      | Osteoporosis                                 |
| Cancer                  | Psychiatric Problems                         |
| Deep Vein Thrombosis    | Pulmonary Embolism                           |
| Depression/ Anxiety     | Respiratory Problems/ Asthma                 |
| Diabetes                | Seizure Disorder or Other Neurologic Problem |
| Heart Disease or Murmur | Stomach or Bowel Problems                    |
| Hepatitis               | Thyroid                                      |
| OTHER: _____            |  |

### **Past Medical History Details:**

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### **Health Care Maintenance Details:**

|   |       |
|---|-------|
| Date of last Pap  | _____ |
| Date of last Mammogram  | _____ |
| Date of last DEXA/Bone Scan   | _____ |
| Date of last Colonoscopy  | _____ |
| Date of last Annual Blood Test<br>(eg. Cholesterol, Complete Blood Count, etc.) | _____ |

### **Past Surgical History:**

|                  |       |                  |
|------------------|-------|------------------|
| Type of Surgery: | Date: | Doctor/Location: |
| _____            | _____ | _____            |
| _____            | _____ | _____            |
| _____            | _____ | _____            |

### **Current Medications and Supplements:**

*Please list all current medications and supplements, both prescription and over-the-counter, including dose and frequency if possible.*

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**Allergies:**

Please list all known allergies and reactions, including medications, foods, or environmental agents.

|  |  |
|--|--|
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|  |  |
|  |  |

**Family Medical History:**

Has anyone in your family ever had any of the following conditions? If so, please circle and write details in the right column:

| CONDITION:                          | RELATION TO YOU/ DETAILS: |
|-------------------------------------|---------------------------|
| Diabetes                            |                           |
| Heart Disease                       |                           |
| High Blood Pressure                 |                           |
| Uterine or Genital Cancer           |                           |
| Breast Cancer                       |                           |
| Colon Cancer                        |                           |
| Prostate Cancer                     |                           |
| Bleeding Problems                   |                           |
| Multiple Births (twins, triplets)   |                           |
| Birth Defects                       |                           |
| Genetic Diseases                    |                           |
| Osteoporosis                        |                           |
| Blood Clots or Deep Vein Thrombosis |                           |
| OTHER:                              |                           |

**Reproductive History:**

First day of last menstrual period: \_\_\_\_\_ Your age at first period: \_\_\_\_\_  
 Usual interval between periods: \_\_\_\_\_ How long do your periods last: \_\_\_\_\_

|   |     |    |
|---|-----|----|
| Do you have pain with your periods?         | YES | NO |
| Is there any bleeding between your periods? | YES | NO |
| Have you ever had a pelvic infection?       | YES | NO |
| Have you ever had an abnormal pap smear?    | YES | NO |
| Have you ever had genital warts?            | YES | NO |
| Have you ever had genital herpes?           | YES | NO |

If your answer is "YES" to any of the above questions, please describe below:

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Do you currently use any method of birth control/pregnancy prevention? \_\_\_\_\_ Type: \_\_\_\_\_  
 List other methods you have used: \_\_\_\_\_

**Pregnancy History:**

| Total # of Pregnancies: | # of Miscarriages: | # of Abortions: | # of Deliveries: | Living Children: |
|-------------------------|--------------------|-----------------|------------------|------------------|
|                         |                    |                 |                  |                  |

| Date | Gender | Name | Birth Weight | Anesthesia? | Pregnancy/Labor Details? | Location |
|------|--------|------|--------------|-------------|--------------------------|----------|
|      |        |      |              |             |                          |          |
|      |        |      |              |             |                          |          |
|      |        |      |              |             |                          |          |
|      |        |      |              |             |                          |          |
|      |        |      |              |             |                          |          |

**Social History:***Substance Use:*

|                                    |     |    |              |
|------------------------------------|-----|----|--------------|
| Do you smoke cigarettes?           | YES | NO | AMOUNT:      |
| Do you drink alcohol?              | YES | NO | AMOUNT:      |
| Do you consume caffeine?           | YES | NO | AMOUNT:      |
| Do you use any recreational drugs? | YES | NO | TYPE/AMOUNT: |

*Exercise:*

How often do you exercise per week? \_\_\_\_\_

What types of exercise do you prefer? \_\_\_\_\_

*Safety:*

Do you feel safe at home? \_\_\_\_\_

Do you feel safe in ALL of your current relationships? \_\_\_\_\_

**Review of Systems**

*Please complete this form for each visit to your care provider. Please circle ANY symptom that you are currently experiencing or have experienced in the last ONE YEAR. Give details whenever possible.*

**Constitutional**

|              |             |             |                  |
|--------------|-------------|-------------|------------------|
| Fatigue      | Fever       | Chills      | Body Aches       |
| Night Sweats | Weight Gain | Weight Loss | Loss of Appetite |

**Eyes**

|                    |                |                 |  |
|--------------------|----------------|-----------------|--|
| Discharge from Eye | Eye Discomfort | Impaired Vision |  |
|--------------------|----------------|-----------------|--|

**Head-Ears-Nose-Throat**

|               |                           |                    |                  |
|---------------|---------------------------|--------------------|------------------|
| Headaches     | Lightheadedness/ Fainting | Recent Head Injury | Nasal Congestion |
| Nose Bleeding | Nasal Discharge           | Decreased Hearing  | Sinus Pain       |
| Sore Throat   | Dental Problems           | Ringing in Ears    |                  |

**Breasts**

|         |                  |          |                                 |
|---------|------------------|----------|---------------------------------|
| Lumps   | Tenderness       | Dimpling | Abnormal Changes in Breast Size |
| Redness | Nipple Discharge | Swelling |                                 |

**Cardiovascular**

|              |                       |                  |                           |
|--------------|-----------------------|------------------|---------------------------|
| Chest Pain   | Irregular Heart Beats | Rapid Heart Rate | Leg/ Ankle/ Foot Swelling |
| Varicosities |                       |                  |                           |

**Respiratory**

|                     |          |                       |       |
|---------------------|----------|-----------------------|-------|
| Shortness of Breath | Wheezing | Tuberculosis Exposure | Cough |
| Hoarseness          |          |                       |       |

**Gastrointestinal**

|                  |             |                |          |
|------------------|-------------|----------------|----------|
| Nausea           | Hemorrhoids | Abdominal Pain | Diarrhea |
| Constipation     | Vomiting    | Bloating       |          |
| Change in Stools | Heartburn   | Jaundice       |          |

**Genitourinary**

|                   |                            |                             |                          |
|-------------------|----------------------------|-----------------------------|--------------------------|
| Urinary Urgency   | Difficulty Urinating       | Absence of Menstrual Period | Pain with Periods        |
| Urinary Frequency | Pain with Urination        | Irregular Menstrual Periods | Significant PMS Symptoms |
| Blood in Urine    | Pain with Intercourse      | Heavy Bleeding with Periods | Genital Sores            |
| Leakage of Urine  | Abnormal Vaginal Discharge | Bleeding After Intercourse  | Decreased Sex Drive      |

### Integumentary

|              |                  |                    |                                      |
|--------------|------------------|--------------------|--------------------------------------|
| Rash         | New Skin Lesions | Itching            | Changes to Existing Lesions or Moles |
| Skin Dryness | Acne             | Hair Growth Change |                                      |

### Neurologic

|                          |                     |                      |                 |
|--------------------------|---------------------|----------------------|-----------------|
| Muscular Weakness        | Seizures            | Tingling or Numbness | Loss of Balance |
| Difficulty Concentrating | Memory Difficulties |                      |                 |

### Musculoskeletal

|                      |                   |                   |             |
|----------------------|-------------------|-------------------|-------------|
| Joint Pain           | Joint Swelling    | Back Pain/ Injury | Muscle Pain |
| Limitation of Motion | Muscular Weakness |                   |             |

### Endocrine

|                     |                  |  |  |
|---------------------|------------------|--|--|
| Excessive Urination | Excessive Thirst |  |  |
|---------------------|------------------|--|--|

### Psychiatric

|            |         |                     |  |
|------------|---------|---------------------|--|
| Depression | Anxiety | Difficulty Sleeping | Thoughts of Hurting Yourself or Others |
|------------|---------|---------------------|--|

### Hematology-Lymphatic

|                                      |               |  |
|--------------------------------------|---------------|--|
| Lymph Node Enlargement or Tenderness | Easy Bruising |  |
|--------------------------------------|---------------|--|

### Allergic-Immunologic

|                              |       |                  |
|------------------------------|-------|------------------|
| Hayfever/ Seasonal Allergies | Hives | Frequent Illness |
|------------------------------|-------|------------------|