

DONOR IMPACT REPORT

COMPLEX CORONARY THERAPEUTICS



Dr. Robert Riley

Overlake's Complex Coronary Therapeutics (CCT) program is one of the only programs in the region offering treatment for chronic total occlusion, a severe form of coronary artery disease. Dr. Robert Riley uses advanced techniques to open complex blocked arteries, resulting in dramatic improvements in quality of life for patients like Ernst Susanto (story below).

Contributions from our generous community help Overlake provide life-changing medical innovations like the CCT program. Thank you!

Heart Procedure Gets Hiker Back on the Trails

I was visiting family in New Jersey last summer. It was hot and humid, and every time we were walking outside, I experienced shortness of breath—even during short distances. My brother-in-law is a doctor, and he urged me to get a stress test when I returned home.

When I got back to Seattle, I asked my primary care doctor for a stress test. The test found I had problems with my blood flow, which meant I had to have another test. The next test, an angiogram, revealed blockages in three of my arteries. One was 70% blocked, another was 90% and the third was 100% blocked. This all came as a shock, as I have never had any heart problems or major health issues.

Looking back, I had been experiencing shortness of breath during exercise for about five years. I just didn't realize this had anything to do with my heart, since my physical checkups weren't revealing anything of that nature.

I was referred to Dr. Robert Riley, who specializes in complex heart cases. Mine was considered complex because my arteries were so severely blocked. Dr. Riley is one of the few doctors in the area who is trained to perform minimally invasive angioplasty to remove the blockages. The procedure was quick, and I went home the same day. Recovery was quite fast as well.

Living in Washington, I like being in the outdoors, especially hiking and mountain biking. It was important to me to be able to get back to the activities I love as soon as possible. That, and the fact I'm only 53, is why I was hoping to have a procedure that was minimally invasive rather than open heart surgery. I'm very grateful for Dr. Riley's expertise and that there was a minimally invasive option available.



Ernst Susanto

Your support helps patients get back to their lives. Thank you!