

# DAY OF SURGERY

## BEFORE COMING TO THE HOSPITAL

- **Continue to drink CLEAR, non-carbonated liquids you can see through, up until 2 hours before you check into the hospital, unless you have been instructed otherwise.**
- Only take medications as instructed by the Surgical Pre-Admission nurse or your surgeon. If instructed to take medications day of surgery, please take them before your arrival to the hospital. Do not bring any medications to the hospital.
- Unless specifically instructed by your surgeon to do otherwise, plan to shower with Hibiclens (antibacterial and antimicrobial skin cleanser) the morning of surgery. More detailed skin preparation instructions are provided in your My Surgery information packet, or available through your surgical advocate.
- Brush your teeth.
- Wear clean, loose and comfortable clothing.

## WHAT TO BRING WITH YOU

- Photo ID and insurance card(s).
- Deductible or copayments will be collected at time of admission. Please leave large sums of money and other credit cards at home.
- Brace, sling or crutches (if applicable) or any items specifically requested by your physician.
- A container for your dentures, hearing aids, glasses, or contacts, if applicable. Dentures, glasses and/or contact lenses must be removed prior to your procedure.
- CPAP machine for sleep apnea (if applicable).
- For inpatients: You may bring a small suitcase; leave it in the car until you go to your room.
- Any paperwork from your surgeon.
- Advance Directives: You will find answers to frequently asked questions and printable advance directive forms on the Surgical Pre-Admission webpage.

## IN PRE-OP

- During the pre-op process, you will:
  - Change into a warming gown.
  - Obtain a current height, weight, vital signs and allergies.
  - Verify your medications, noting the last time you took each one.
  - Review of your medical/surgical history.
  - Perform required day of surgery tests, such as blood sugar or pregnancy test, if indicated.
  - Document your designated contact person and/or ride home., if different.
- Review your planned surgery start time, length of surgery and recovery time.
- Your anesthesiologist will discuss your plan for anesthesia and answer questions.
- Your surgeon will confirm the procedure, address any last minute questions, and mark the area of your body that needs surgery, when applicable.

**You will be asked the same questions by multiple caregivers including your name and date of birth.**

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## Questions?

Surgical Pre-Admission  
425.688.5378